



Jobs of Tomorrow:

Professor Toolkit

Thank you for bringing the *Jobs of Tomorrow - Marriage and Family Therapy* docuseries into your classroom. Recognized by ASAE (American Society of Association Executives) with a 2025 Power of Association Summit award, these real-life perspectives featuring MFTs in diverse career paths can help students deepen their understanding of systemic therapy and inspire them to envision the many ways they can make an impact in the field. We're grateful for your partnership in shaping the next generation of Marriage and Family Therapists.

TOOLKIT PURPOSE

The materials in this toolkit were developed by AAMFT to help academic partners seamlessly integrate the *Jobs of Tomorrow – Marriage and Family Therapy* docuseries into their courses. Whether you're teaching an introductory class, a practicum, or even a professional development seminar, this resource provides practical, ready-to-use materials that bring real-world relevance to your curriculum. The toolkit includes discussion questions, assignment ideas, micro-learning quiz prompts, and classroom integration strategies to support faculty in enriching student learning and engagement.

COURSE CONTENT IDEAS

Assignments

1. **Post-viewing analysis papers:** Have students explore themes like systemic practice, diversity, telehealth, or interdisciplinary collaboration illustrated in specific episodes.

Jobs of Tomorrow Reflection Paper

1. Watch at least one full episode of the Jobs of Tomorrow Series
2. Write a 1–2 page reflection that includes:
 - The title of the episode that you watched
 - A summary of what stood out to you in the episode
 - A personal reflection on how the content relates to your interest in MFT or your future goals

- Any new questions or ideas that the episode sparked for you

2. **Pair micro-learnings with quizzes** or exercises to provide structured course credit opportunities for graduate students.

Episode: **Tech's Transformative Influence on MFT**

1. What is one benefit of telehealth therapy as highlighted in the docuseries?
 - A. Eliminates need for documentation
 - B. Provides greater access for underserved populations
 - C. Reduces confidentiality requirements
 - D. Requires no clinical training

Correct answer: B

2. How should MFT education aim to train students in reading digital cues, adapting communication for virtual sessions, and maintaining a therapeutic presence through a screen?

Example response: *MFT graduate programs should include dedicated training on virtual communication skills, such as interpreting facial expressions, tone, and pauses through a screen.*

Courses should also cover how to build rapport online, manage tech-related disruptions, and maintain therapeutic presence through intentional eye contact, body language, and screen setup.

Episode: **Diversity in Practice**

3. Which of the following is NOT a culturally responsive practice?
 - A. Reflecting on your own biases
 - B. Using the same intervention style for all clients
 - C. Adapting language or metaphors to reflect client worldview
 - D. Asking clients how they define healing and wellness

Correct answer: B

4. What is one way an MFT in the series demonstrated cultural humility in their client interactions?

Example response: *They asked questions about the client's background instead of making assumptions and acknowledged how culture might influence their experience of mental health.*

Episode: **Systemic Therapy: How Family Dynamics Impact Mental Health**

5. What is the primary focus of systemic therapy?
- A. Understanding how individuals are influenced by and interact within their relational systems
 - B. Exploring unconscious drives from early childhood
 - C. Diagnosing individual mental health disorders using the DSM
 - D. Encouraging clients to solve problems independently without external input

Correct answer: A

Episode: **Relational Therapy: Healing Together**

6. What are the three broad categories of stress, and why is it essential to understand them in therapy?

Example response: *The three broad categories of stress are acute stress, episodic acute stress, and chronic stress. Understanding these categories in therapy is essential because it helps therapists tailor interventions appropriately. Recognizing the type and duration of stress allows MFTs to address not just symptoms, but the relational and systemic contributors to distress*

Episode: **Finding Community in Crisis**

7. Which of the following is a current challenge facing community mental health services?
- A. A surplus of licensed mental health providers
 - B. Increasing client trust in digital therapy
 - C. Widespread clinician burnout and limited funding
 - D. Overuse of inpatient psychiatric hospitalization

Correct answer: C

8. What are examples of systemic challenges and environmental factors that are impacting the current mental health crisis?

Example response: *The mental health crisis, referring to the widespread, growing demand for mental health care that far outpaces the availability of services and providers, has been intensified by factors such as the COVID-19 pandemic, increased public awareness, economic strain, and widespread trauma, particularly in underserved communities. The crisis is exacerbated by challenges around insurance for providers, challenges to expanding practice areas for clinicians, and the increasing costs of both conducting business and professional burnout.*

Episode: **Navigating Therapeutic Decisions with an Ethical Compass**

9. Which of the following best reflects how MFTs approach ethical decision-making in complex clinical situations?
- A. Following a checklist of rules regardless of client needs
B. Prioritizing personal beliefs over professional standards
C. Applying core ethical principles while considering systemic dynamics
D. Deferring all ethical decisions to supervisors

Correct answer: C

For Discussion

- **Pre-viewing reflection:** Ask students to note expectations about their future MFT career before watching and then discuss how the docuseries affirmed or challenged those views. Here are some questions to get the conversation going:

1. What surprised you most about the professional settings or roles featured in the series?
2. Did anything challenge your assumptions about where MFTs work or how they practice?
3. Which episode most challenged your understanding of the career possibilities in MFT?
4. Did a particular episode or comment speak to your own professional goals?

- **Invite students to engage in a roundtable discussion or to post a reflection** on a discussion board in response to one of the following questions:

1. **How did the therapists in the docuseries apply systemic thinking in diverse clinical environments?**
Can you identify a moment where systemic or relational dynamics shaped the approach to treatment?
2. **As you think through the various roles and settings featured, what ethical dilemmas or considerations do you feel may emerge in the settings featured (e.g., telehealth, schools, medical settings)?**
How would you navigate similar challenges in your own practice?
3. **Several therapists discussed the importance of cultural humility and responsiveness. How did they demonstrate that in action?**
How do you see your own cultural identity informing your clinical work?
4. **What skills or mindsets do you think were most critical to the MFTs' success across the different jobs portrayed?**
Were there qualities you'd like to strengthen in yourself based on what you saw?
5. **Technology (like telehealth) was a recurring theme in the series. What opportunities and limitations do you see in tech-enabled therapy?**
What do you think MFT education should do to prepare for this dynamic?

HOST A WATCH PARTY

Invite students to watch the all or part of the six-episode series either in addition to or as a part of your course content.

Email Invitation:

Subject: Discover the Future of Therapy—Join Us for the AAMFT Jobs of Tomorrow Series Watch Party

Dear students,

I'd like to share an opportunity that I hope is both inspiring and rewarding: I'll be hosting a watch party to view an episode of AAMFT's Jobs of Tomorrow – Marriage and Family Therapy, a six-part docuseries highlighting the evolving field of marriage and family therapy and the diverse roles MFTs are stepping into across communities.

To encourage your engagement, I will be offering extra credit to students who attend the watch party and participate in a brief reflection/discussion session afterward.

- Date: [Insert]

- Time: [Insert]
- Location: [Insert location or virtual link]

This is an important opportunity to see how our field is evolving and to think about where your own interests might take you professionally.

Hope to see you there!

Graphics:

Download social media and email graphics [here](#)



FLYER

[Download](#) and print out this flyer to hang in your office, on a bulletin board or in a highly-trafficked area.



Jobs of Tomorrow

Marriage and Family Therapy Docuseries



Illustrating the importance of the
MFT profession in combatting the growing
global mental health crisis

Available on plus.aamft.com/jobs-of-tomorrow

